#### **OUR TEAM**

Jane Ormond CNS
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# **Contact information**



If you have any question, please do not hesitate to contact us-

Ph- 01 852 8363

**Email:** 

homedialysis@beaumont.ie

The Patient Advice and Liaison Service (PALS) are happy to receive all feedback



01 809 3234 / 2427



PALS can be contacted by phone or email: <a href="mailto:pals@beaumont.ie">pals@beaumont.ie</a>



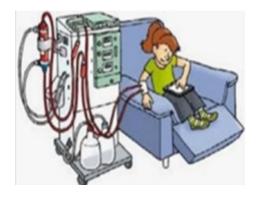
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# Home Haemodialysis



# YOUR DIALYSIS AT HOME





### **Beaumont Hospital**

Beaumont Road, Dublin 9 (01) 809 3000

# Dialysis in the comfort of your own home

The aim of our programme is to empower patients to manage their own haemodialysis treatments,

To allow you, the patient to have more freedom to do dialysis at a time that suits you in the comfort of your own home.

Comprehensive training is provided.

Once you are fully trained and feel confident, you will be able to carry out your dialysis treatments at home whilst being supported by home dialysis nurses.

### Spend more time doing what you love

If you currently dialyse in a hospital, home dialysis could potentially be an option for you.

This will give you better control of your treatment schedules, more time for yourself and your family.

It will also allow you more time for your own work and activities.

Surprisingly only a small area is required. Learn about the types of dialysis at home and discuss with your nurse or doctor.

### **Training**

- Training takes place in the Home Therapies Department, Beaumont Hospital,
   Monday/ Wednesday /Friday
- One-to-one training with a Home
   Therapy Nurse
- Learn how to manage your own access, fluid balance and dialysis machine
- Dialysis is provided

### **Interested**

If you are interested in learning more about home dialysis-

- Ask your Consultant or nurse to refer you to see us.
- We will carry out an assessment and provide all relevant information.
- If suitable, we will arrange a house assessment and arrange a training date

### **Benefits**

There are many benefits to home dialysis for you and your family.

- Better quality of life
- Feel better during dialysis and less
   "washed out" afterwards.
- Sleep better & more energy for daily tasks.
- Flexibility with treatment times
- Improvements with restless leg syndrome.
- Reduced medications
- Fewer and shorter hospital stays.
- Less travel time & expense attending in-centre dialysis
- Small clinics with your consultant in our Department; Transplant workups, dietician follow-ups
- Full home care nursing team and Baxter technical support.

All enquiries are very welcome!